

INTERNET SAFETY

How an abuser can discover your Internet activities

E-Mail: If an abuser has access to your e-mail account, he or she may be able to read your incoming and outgoing mail. If you believe your account is secure, make sure you choose a password he or she will not be able to guess.

If an abuser sends you threatening or harassing e-mail messages, print them and save them as evidence of this abuse.

History/cache file: If an abuser knows how to read your computer's history or cache file (automatically saved web pages and graphics), he or she may be able to see information you have viewed recently on the internet.

Privacy Mode

The private browsing feature prevents the browser from storing any history information or cookies from the websites visited. This is the safest way to browse and leaves no evidence that anything was deleted

Safari 2.0 – **"Private Browsing"**

Google Chrome - **"Incognito"**

Internet Explorer - **"InPrivate Browsing"**

Firefox (Mozilla) - **"Private Browsing"**

Opera - **"Private Tab / Private Window"**

How to delete your browsing history in Internet Explorer 8

1. Click the Safety button, and then click Delete Browsing History.
2. If you do not want to delete the cookies and files associated with websites in your Favourites list, select the Preserve Favourites website data check box.
3. Select the check box next to each category of information you want to delete.
4. Click Delete.

How to delete your browsing history in Internet Explorer 9

1. Click the Tools button , point to Safety, and then click Delete browsing history. If you don't want to delete the cookies and files associated with websites in your favourites list, select the Preserve Favourites website data check box.
2. Select the check box next to each category of information you want to delete.
3. Click Delete.

How to delete your browsing history in Safari

1. Select Safari from the menu bar. From the drop-down list select Reset Safari....

2. From here you can opt to clear/delete/reset a lot of the information that Safari stores. Be careful not to erase or reset things that you didn't want cleared. Make sure there are check marks next to the items to do want to delete, clear or reset. Click the Reset button when you're done.

How to delete browsing history in Google Chrome

1. Click the Chrome menu on the browser toolbar.
2. Select Tools.
3. Select Clear browsing data.
4. In the dialog that appears, select the "Clear browsing history" checkbox.
5. Use the menu at the top to select the amount of data you want to delete. Select beginning of time to clear your entire browsing history.
6. Click Clear browsing data.

How to delete browsing history in Firefox (Mozilla)

1. At the top of the Firefox window, click the Firefox button, go over to the History menu and select Clear Recent History....

For Windows XP: At the top of the Firefox window, click the Tools menu and select Clear Recent History....On the menu bar, click the Tools menu, and select Clear Recent History....At the top of the Firefox window, click the Tools menu, and select Clear Recent History....

2. Select how much history you want to clear:

◦Click the drop-down menu next to Time range to clear to choose how much of your history Firefox will clear.

◦Next, click the arrow next to Details to select exactly what information will get cleared. Your choices are described in the What things are included in my history? section above.

3. Finally, click the Clear Now button and the window will close and the items you've selected will be cleared.

How to delete your browsing history in Opera

1. At the top-left of Opera window you will find MENU go ahead and click on it (or press in your keyboard Ctrl+Shift+H, it will take you to the History tab!)
2. When you see this menu: Go down the list and click on History.
3. In 11.01 version: Before you delete anything, see every options you have like; open, view or even find what's really want to delete. Once you find what you want to delete; select it and press Delete.
4. In 12.02 version: Same instructions for version 11.01, the only difference is that you will find the View option and the Search bar at the opposite side of the same bar as Open and Delete options.